

THE HUNTER POSTGRADUATE
MEDICAL INSTITUTE
PRESENTS

HUNTER GERIATRICS

5 DAY INTERNATIONAL GERIATRIC
MEDICINE CONFERENCE

22-26 OCTOBER 2024

Newcastle Exhibition & Convention Centre
King Street, Newcastle West, NSW



<https://hunterpostgrad.wixsite.com/geriatrics2024>

REGISTRATION BROCHURE

HUNTER GERIATRICS

22-26 OCTOBER 2024

Newcastle Exhibition & Convention Centre
King Street, Newcastle West, NSW

Welcome to Newcastle

NEW SOUTH WALES, AUSTRALIA

The Hunter Postgraduate Medical Institute would like to invite you to join us in our beautiful city for this high-quality learning event. This conference will provide both the critical opportunity to meet with our experts in person, as well as the chance to interact with our leading international speakers.

Geriatric Medicine often involves a complex interplay between medical and surgical comorbidities. Identifying the interface where these varying comorbidities impact patients and their families is of paramount

importance in delivering high-quality care. Our five-day International Conference in Geriatric Medicine will provide the healthcare community with the necessary skills to improve practice by raising awareness of these conditions and their management, whilst underpinning the fundamentals of Geriatric Medicine.

This conference is being held in Newcastle, in regional NSW, Australia from 22-26 October 2024.



Dr C Padmakumar
Conference Organiser



Mrs Shelley Mills
Conference Secretariat HPMI

PROGRAM

TUESDAY, 22 OCTOBER 2024 GIANTS OF GERIATRICS

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| 7.15am | REGISTRATION |
| 7.45am | URINARY SYMPTOMS IN PARKINSON'S DISEASE - ASSESSMENT AND MANAGEMENT* PROFESSOR JALES N. PANICKER Professor of Neurology and Uro-Neurology, University College London, Clinical Lead in Uro-Neurology, The National Hospital for Neurology and Neurosurgery, Queen Square, London |
| 8.25am | ASSESSMENT AND MANAGEMENT OF CONTINENCE IN COMPREHENSIVE GERIATRIC ASSESSMENT DR BLAIR ADAMCZEWSKI Geriatrician, Department of Geriatric Medicine, Royal Hobart Hospital, Tasmania |
| 9.05am | Q&A |
| 9.15am | INAUGURATION CEREMONY |
| 10.00am | MORNING TEA |
| 10.20am | PET SCANS, BLOOD TESTS AND NEW TREATMENTS FOR ALZHEIMER'S DISEASE PROFESSOR CHRIS ROWE Director, Australian Dementia Network, University of Melbourne and Director, Molecular Imaging Research, Austin Health VIC |
| 11.00am | HEALTHY AGEING IN THE TORRES STRAIT LEARNINGS FROM THE TROPICS ON STRENGTH BASED APPROACHES TO HEALTH PROFESSOR EDDY STRIVENS AM Geriatrician and Clinical Director, Cairns and Hinterland Hospital and Health Service, QLD |
| 11.40am | Q&A |
| 11.55am | KEY NOTE LECTURE - TACKLING UNMET NEEDS IN PARKINSON'S DISEASE PROFESSOR EMILY HENDERSON Academic Geriatrician, University of Bristol, UK |
| 12.40pm | LUNCH |
| 1.25pm | PROFESSOR ALAN HEWSON ORATION - STROKE MANAGEMENT IN THE ELDERLY PROFESSOR BINDU MENON Professor and Head of Department and Senior Consultant Neurologist, Apollo Hospital, Nellore, AP, India |
| 2.20pm | FELICITATION CEREMONY |
| 2.25pm | FRAILTY: GERIATRIC SYNDROME OR NEW CLOAK OF AGEISM? PROFESSOR RUTH HUBBARD Masonic Chair of Geriatric Medicine, The University of Queensland, and Consultant Geriatrician, Princess Alexandra Hospital, Queensland |
| 3.05pm | AFTERNOON TEA |
| 3.20pm | FRAILTY RISK STRATIFICATION IN HOSPITALISED OLDER ADULTS DR BARBARA HELEN ROSARIO Senior Consultant Geriatrician, Changi General Hospital, Clinical Assistant Professor, Duke-NUS, Singapore |
| 4.00pm | HEALTHY AGEING - STRATEGIES AND APPROACHES DR RAHUL UNNIKRISHNAN Specialist Geriatrician, Rashid Hospital, Dubai, UAE |
| 4.40pm | Q&A |
| | NETWORKING EVENT |

* Presenter will present online

WEDNESDAY, 23 OCTOBER 2024

PERIOPERATIVE GERIATRICS

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| 7.45am | SHARED DECISION MAKING WORKSHOP - LIMITED TO 20 PEOPLE |
| 9.00am | REGISTRATION |
| 9.30am | PERIOPERATIVE CARE; DELIVERING CHANGE FROM LOCAL PRACTICE TO GLOBAL DIALOGUE PROFESSOR JUGDEEP DHESI Consultant Geriatrician, Guy's and St Thomas' NHS Foundation Trust, Professor of Geriatric Medicine, Kings College London |
| 10.00am | FRAILTY, MULTIMORBIDITY, AND DELIRIUM IN OLDER SURGICAL PATIENTS: FINDINGS FROM THE SNAP 3 STUDY DR TOM POULTON Anaesthetist, University of Melbourne, VIC |
| 10.20am | EDUCATION - THE GLUE OF PERIOPERATIVE MEDICINE ASSOCIATE PROFESSOR JOEL SYMONS Specialist Anaesthetist, The Alfred Hospital and Department of Critical Care, University of Melbourne Chair of Perioperative Medicine Content and Assessment Working Group, ANZCA |
| 10.40am | PANEL DISCUSSION AND Q&A |
| 11.10am | MORNING TEA |
| 11.30am | FRAILTY IN THE PERIOPERATIVE SETTING DR VICTORIA GIBSON Consultant in Geriatrics and Internal Medicine, New Zealand |
| 11.50am | THE GERIATRICIAN'S STAKE IN CPET: UNDERSTANDING THE BROADER IMPLICATIONS DR ANGELA BAKER Anaesthetist, Department of Anaesthesia, John Hunter Hospital, NSW |
| 12.10pm | ADVANCING PREHABILITATION IN THE HUNTER REGION DR JENNIFER MACKNEY Physiotherapist, John Hunter Hospital, NSW |
| 12.30pm | PANEL DISCUSSION AND Q&A |
| 1.00pm | LUNCH |
| 1.40pm | MOVING TOWARDS A CONSUMER ENGAGED PERIOPERATIVE ENVIRONMENT ASSOCIATE PROFESSOR SARAH AITKEN Vascular Surgeon, Head of the Specialty of Surgery at the University of Sydney, NSW |
| 2.00pm | ALTERNATIVE PAIN MANAGEMENT STRATEGIES TO MINIMIZE SURGERY IN ELDERLY PATIENTS DR MARK DAVIES Anaesthetist, John Hunter Hospital, NSW |
| 2.20pm | PANEL DISCUSSION AND Q&A |
| 2.40pm | AFTERNOON TEA |
| 3.00pm | THE OLDER SURGICAL PATIENT - THE ICU EXPERIENCE DR JEREMY FERNANDO Anaesthetist and Intensive Care Specialist, Director of Intensive Care and Clinical Lead of the Perioperative Care Service St Vincent's Private Hospital, Toowoomba QLD |
| 3.20pm | DON'T PASS GO... REFRAMING THE PERIOPERATIVE CONVERSATION DR AISLING FLEURY Perioperative Geriatrician, Director of Perioperative Medicine, Logan Hospital and Chair of the QLD Dementia Ageing and Frailty Clinical Network., QLD |
| 3.40pm | PANEL DISCUSSION AND Q&A |
| 4.00pm | CONCLUSION |
| | NETWORKING EVENT - DINNER CRUISE |

THURSDAY, 24 OCTOBER 2024

DELIRIUM

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| 7.30am | REGISTRATION |
| 8.00am | TOTAL DELIRIUM: ARE WE ALL SINGING FROM THE SAME HYMN SHEET? PROFESSOR ANDREW TEODORCZUK Consultant Old Age Psychiatrist, Prince Charles Hospital, Brisbane, QLD |
| 8.50am | PREVENTING AND CARING FOR DELIRIUM IN HOSPITAL PROFESSOR ALISON MUDGE Clinical Director Research and Education, Internal Medicine and Aged Care, Royal Brisbane and Women's Hospital, Queensland |
| 9.30am | ADVANCES IN THE MANAGEMENT OF DELIRIUM IN PALLIATIVE CARE PROFESSOR MEERA AGAR Professor of Palliative Medicine, University of Technology Sydney, NSW |
| 10.10am | MORNING TEA |
| 10.40am | NAVIGATING DELIRIUM IN CRITICAL CARE FOR THE AGEING POPULATION DR HEIDI LINDROTH Senior Associate Consultant and Nurse Scientist, Mayo Clinic, Indiana University |
| 11.20am | MECHANISMS OF DELIRIUM PROFESSOR ROBERT SANDERS Nuffield Chair of Anaesthetics, Sydney Medical School/Central Clinical School, University of Sydney NSW |
| 12.00pm | LUNCH |
| 12.40pm | DELIRIUM SUPERIMPOSED ON DEMENTIA ASSOCIATE PROFESSOR GIDEON CAPLAN Geriatrician, Director, Post Acute Care Services, Director of Geriatric Medicine at Prince of Wales Hospital NSW |
| 1.20pm | PILLS AND PROGRESS: CURRENT AND EMERGING DRUG THERAPIES FOR MANAGING DELIRIUM DR ANITA NITCHINGHAM Geriatrician, Prince of Wales Hospital, NSW |
| 2.00pm | CLOSE |

NETWORKING EVENT - HUNTER VALLEY VINEYARDS

FRIDAY, 25 OCTOBER 2024

PARKINSON'S DISEASE

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| 7.15am | REGISTRATION |
| 7.45am | NOT ALL THAT SHAKES IS PARKINSON'S. TIPS AND TRICKS TO HELP DIAGNOSE TREMOR ASSOCIATE PROFESSOR JANE ALTY Associate Professor in Neurology, University of Tasmania & Staff Specialist in Neurology and Stroke, Royal Hobart Hospital, TAS |
| 8.30am | PARKINSON'S CARE IN OLDER ADULTS: GERIATRIC CONCEPTS AND PERSPECTIVES PROFESSOR EMILY HENDERSON Academic Geriatrician, University of Bristol, UK |
| 9.15am | UPDATE ON PARKINSON-PLUS SYNDROMES PROFESSOR SHEN YANG LIM Professor of Neurology, University of Malaya, Kuala Lumpur, Malaysia |
| 10.00am | Q&A |
| 10.15am | MORNING TEA |
| 10.30am | ALPHA SYNUCLEIN & TAU AGGREGATES IN THE BRAIN: FRIENDS OR FOES? PROFESSOR GLENDA HALLIDAY AC Neuroscientist, University of New South Wales, NSW |
| 11.15am | WHAT IS PARKINSON'S DISEASE? CLINICAL VERSUS BIOLOGICAL DEFINITIONS, CLASSIFICATION & STAGING PROFESSOR VICTOR FUNG Director, Movement Disorders Unit, Department of Neurology, Westmead Hospital, Sydney, NSW President, International Parkinson Disease and Movement Disorder Society (MDS) |
| 12.00pm | NONMOTOR SUBTYPES AND DASHBOARD BASED ASSESSMENT OF PARKINSON'S DISEASE PROFESSOR K RAY CHAUDHURI Professor of Movement Disorders, Director, Parkinson Foundation Centre of Excellence, Kings College, London SUBTYPE SPECIFIC CARE IN PD: A STEPPED CARE APPROACH DR KAROLINA POPLAWSKA-DOMASZEWICZ Consultant Neurologist and Movement Disorders Senior Researcher (Poland), Faculty Kings College, London |
| 1.00pm | Q&A |
| 1.15pm | LUNCH |
| 1.45pm | TRANSLATING GENETIC DISCOVERIES INTO CLINICAL TRIALS IN PARKINSON'S DISEASE PROFESSOR EK TAN Senior Consultant Neurology, National Neuroscience Institute, Duke-Nus Medical School, Singapore |
| 2.30pm | ADVANCED THERAPIES /DEVICE THERAPIES FOR ADVANCED PARKINSON'S DISEASE DR STEPHEN DUMA MDSANZ NSW Councillor and Neurologist, St George Hospital, Sydney NSW to Neurologist, St George Hospital, Sydney NSW and MDSANZ NSW Councillor |
| 3.15pm | BIOMARKERS FOR PARKINSON'S DISEASE PROFESSOR LOUIS TAN CHEW SENG Senior Consultant, Department of Neurology Research Director National Neuroscience Institute, Singapore |
| 4.00pm | Q&A |
| 4.15pm | PSYCHOSIS IN PARKINSON'S DISEASE AND DEMENTIA WITH LEWY BODIES PROFESSOR DANIEL WEINTRAUB Professor of Psychiatry, Hospital of the University of Pennsylvania, USA |
| 5.00pm | TREATING THE LEWY BODY DEMENTIAS PROFESSOR SIMON LEWIS Professor of Cognitive Neurology, Macquarie University NSW |
| 5.45pm | Q&A |

SATURDAY, 26 OCTOBER 2024

FACILITATOR: A/PROF JANE ALTY

7.30am **REGISTRATION**

PARKINSON'S DISEASE

8.00am **CLINICAL DIAGNOSIS OF DEMENTIA WITH LEWY BODIES**

DR ELIE MATAR

Consultant Neurologist and Sleep Physician, Royal Prince Alfred Hospital; Senior Lecturer & Horizon Fellow, University of Sydney NSW

8.45am **WELLNESS IN PARKINSON'S DISEASE**

DR INDU SUBRAMANIAN

Clinical Professor of Neurology UCLA, Director of the South West, Parkinson Disease Research, Education and Clinical Care, California, USA

9.30am **LEVO DOPA THERAPY IN OLDER PERSONS WITH PARKINSON'S DISEASE: CLINICAL CHALLENGES**

PROFESSOR SCOTT WHYTE

Neurologist and Geriatrician, Central Coast Neurosciences, NSW

10.15am **Q&A**

10.30am **MORNING TEA**

BONES, MUSCLE & JOINTS IN ELDERLY

FACILITATOR: DR KRISHNAN VARIKARA

10.45am **GIANTS OF GERIATRICS: WHERE OSTEOPOROSIS, DEMENTIA AND FRAILTY MEET**

PROFESSOR CHARLES INDERJEETH

Clinical Epidemiologist and Consultant Physician in Rheumatology and Geriatric Medicine, University of Western Australia, WA

11.30am **BONE HEALTH AND VITAMIN D**

PROFESSOR IAN REID

Endocrinologist, University of Auckland, New Zealand

12.15pm **UPDATES IN POLYMYALGIA RHEUMATICA AND GIANT CELL ARTERITIS**

DR JEM NINAN

Consultant Rheumatologist and General Physician, Lyell McEwin & Modbury Hospitals, North Adelaide, SA

1.00pm **Q&A**

1.15pm **LUNCH**

FACILITATOR: DR CHANDRASEKHARA PADMAKUMAR

1.45pm **BLACKOUTS IN THE ELDERLY**

DR JOHN DAVISON

Consultant Geriatrician, Burwood and Christchurch Hospitals, Christchurch, New Zealand

OLD AGE PSYCHIATRY

FACILITATOR: PROFESSOR SIMON LEWIS

2.30pm **FIRST DO NO HARM: SIDE EFFECTS OF PSYCHIATRIC MEDICATIONS IN ELDERLY**

PROFESSOR DANIEL WEINTRAUB

Professor of Psychiatry, Hospital of the University of Pennsylvania, USA

3.15pm **MANAGING AGITATION IN THE OLDER PERSON WITH DEMENTIA**

SCIENTIA PROFESSOR HENRY BRODATY AO

Scientia Professor of Ageing and Mental Health, Co-Director of the Centre of Healthy Brain Ageing, UNSW

4.00pm **MANAGING DEPRESSION IN THE OLDER PERSON**

PROFESSOR BRIAN DRAPER AM

Old Age Psychiatrist, Conjoint Professor, Discipline of Psychiatry and Mental Health, University of NSW

4.45pm **SENILE SQUALOR**

ASSOCIATE PROFESSOR STEVE MACFARLANE

Consultant Psychiatrist, Head of Clinical Services, The Dementia Centre, HammondCare, VIC

5.30pm **Q&A**

INTERNATIONAL FACULTY

PROFESSOR K RAY CHAUDHURI

DSc, FEAN, FRCP(Edin), FRCP (Lond), MD Professor of Movement Disorders, Director, Parkinson Foundation Centre of Excellence, Kings College, London



Professor K. Ray Chaudhuri is Professor of Neurology/Movement Disorders at King's College Hospital and King's College London and Director of the Parkinson Foundation International Centre of Excellence at King's College. He is Chairman of the Industry Engagement Committee, Co-Chair Taskforce of the Parkinson Wellness committee of the Movement Disorders Society

(MDS) and Ex Chair of the Membership and Public Relations Committee of the Movement Disorders Society (MDS), was a member of the MDS Congress Scientific Programme Committee (2013-2017) and is Founder and Ex Chairman and current steering group member of the MDS Non-Motor Parkinson's Disease Study Group and a member of the MDS-ES Education committee.

He was the founder -Editor-in-Chief of the *njp* Parkinson's Disease (2020 impact factor >8), Guest Editor for special editions of *Frontiers in Neurology* and *Journal of Parkinson's Disease*, reviewer for all mainstream movement disorders journals as well as *JAMA*, *Neurology*, *Annals of Neurology*, *BMJ*, *Brain*, *Lancet*, and *Journal of Neurology, Neurosurgery, and Psychiatry*. He serves as an advisor (MHRA health technology and scientific advisor) to the UK National Institute for Health and Care Excellence, NHS England, General Medical Council as well as Parkinson's UK and Parkinson's Europe. Professor Chaudhuri is the author of over 500 articles, co-editor of 5 books on Parkinson's disease and restless legs syndrome, and winner of the British Medical Association Book Awards commendation in 2015 and 2017.

He is also the recipient of 2018 Jay Van Andel Award Outstanding Achievement in Parkinson's Disease Research (pioneering holistic assessments and non-motor subtypes), as well as National Institute for Health Research/Royal College of Physicians award for outstanding research leadership in 2017. He was elected honorary member of the Movement Disorders Society in 2021 and received the UK NHS Gold merit award in 2021 for excellence in research and clinical service. In 2023 he was featured as "role model" in British Medical Journal.

He has been a guest lecturer worldwide, including in Japan, China, Taiwan, Vietnam, Thailand, Singapore, Australia, India, Africa, the US, Russia, and Europe. In 2022/2023 he is ranked fourth in the world for Parkinson's publications/expertise and expertise since 2014 and no 1 in the UK (expertscape: Parkinson's disease).

DR JOHN DAVISON

Consultant Geriatrician, Burwood and Christchurch Hospitals, Christchurch, New Zealand



I am an SMO Geriatrician in Burwood Hospital, Christchurch with an older person's inpatient clinical role. Specialty interest in falls, complex dizziness, and syncope. I trained in Geriatric and General Medicine in the UK, NZ, and Australia.

My clinical and research interests in fall prevention with a PhD awarded in 2005 from Newcastle University. Former clinical lead for Falls & Syncpe

Service in Newcastle upon Tyne. Postgraduate Medical Education interest - former Deputy Director of Medical Education, Associate Dean for Health Education England (NE & N Cumbria), and elected member of the Council for the Royal College of Physicians of Edinburgh.

I have been a course organiser for the Edinburgh International Course in Medicine for the Older Adult and a regular faculty member for the Dizziness for the Physician 2-day International Course. Moving to New Zealand has enabled me to spend more time with my young family and pursue my hobbies of cycling and mountain biking.

PROFESSOR JUGDEEP DHESI

PhD FRCP



Jugdeep is a consultant geriatrician working in the innovative and award-winning POPS (Perioperative Medicine for Older People undergoing Surgery) service at Guy's and St Thomas' NHS Foundation Trust.

She is an Honorary Professor at King's College London and an Associate Professor at University College London, with research interests including preoperative assessment and optimisation, health services research focusing on perioperative pathways, and postoperative delirium.

She has a wide education and training portfolio, having established the first Allied Health Professional, Foundation, and Specialist Registrar training programs in perioperative medicine, co-authored e-learning modules, MSc modules, and multiple textbook chapters. Her national roles include Deputy Director for the Centre for Perioperative Care, President-Elect for the British Geriatrics Society, and involvement in a variety of steering, advisory, and guideline groups (NELA, RCoA, BGS, and NICE).

DR VICTORIA GIBSON

Consultant in Geriatrics and Internal Medicine, Christchurch, New Zealand



Dr Vicky Gibson is a Consultant in Geriatrics and Internal Medicine based in Christchurch, New Zealand. Vicky completed training in the UK, with an interest in perioperative medicine, including involvement in NELA and orthogeriatric. She moved to New Zealand in 2022 and co-developed a joint geriatrician-anesthetist high-risk shared decision-making pre-operative clinic

(CARES clinic), which has now been running for 2 years. More recently, she has relocated to Christchurch NZ to be closer to family and to take on new challenges helping develop new frailty services. Her passion is good wrap-around peri-operative care of frail patient.

PROFESSOR EMILY HENDERSON

Academic Geriatrician, University of Bristol, UK



Dr Emily Henderson is an Associate Professor in Ageing and Movement Disorders at the University of Bristol, UK. She runs a translational program of research that spans basic science through to clinical trials and healthcare service innovation.

She has been awarded >£10 million in funding as principal investigator (or co-PI) and has been co-applicant on research grants of >£21 million since completing her PhD in 2016. She is an Honorary Consultant Geriatrician with an active clinical practice at the Royal United Hospitals Bath where she specialises in the care of older people with Parkinson's and related conditions.

She is the Chief Investigator of the £2.1 million NIHR multicenter drug trial, CHIEF PD that has successfully reached its target, recruiting 600 patients to provide definitive evidence as to the clinical and cost-effectiveness of rivastigmine for falls in Parkinson's.

She has organised conferences and delivered lectures at National and International meetings as well as at the Royal College of Physicians. She is the Lead for Ageing in the West of England Clinical Research Network (CRN), past Chair of the British Geriatric Society Movement Disorder Section, and is currently Vice President of Academic Affairs for the British Geriatrics Society.

PROFESSOR SHEN-YANG LIM

MBBS MD FRACP FASc, Professor of Neurology, University of Malaya, Kuala Lumpur, Malaysia



Dr. Lim is a Neurologist and Professor at the University of Malaya, Kuala Lumpur, Malaysia, where he runs a busy clinical practice specializing in Parkinson's and related disorders. Dr. Lim has also published extensively in these areas, in major scientific journals.

He has been an active member of the International Parkinson & Movement Disorder Society (MDS), being closely involved in multiple task forces and committees. He is currently Chair of the MDS Asian-Oceanian Section (AOS).

Dr. Lim's main research interests are in the following areas: (i) PD (particularly genetics and genotype-phenotype correlations; evidence-based medicine/clinical trials; non-motor features including gastrointestinal aspects; comorbidities; patient-centered care; and rating scales/disease staging); (ii) Parkinson-plus syndromes and other miscellaneous/"orphan" movement disorders, including progressive supranuclear palsy (PSP).

DR HEIDI LINDROTH

Senior Associate and Nurse Scientist, Mayo Clinic



Heidi Lindroth is an agile, clinician-nurse scientist with expertise in neuroscience, aging research, and Artificial Intelligence. Her vision is a world without delirium. She aims to achieve this vision by co-designing solutions with patients, families, and the healthcare team to use evidence to stop delirium in clinical care.

Dr. Lindroth is an Assistant Professor at Mayo Clinic and is an NIH-funded clinician-scientist, currently working to automate delirium severity measurement in the ICU using Artificial Intelligence. She serves on the American Delirium Society Board of Directors and co-leads the World Delirium Awareness Day Study Team.

PROFESSOR BINDU MENON

M.D. (Med.), D.M. (Neuro), DNB. (Neuro), PGDCN (Neuro), (London) FRCP (Edinburgh), MNAMS. FICP, FIAN, FWSO, FAAN, FAMS



Prof. Bindu Menon is the Head of the Department at Apollo Hospitals Nellore, India. She has a teaching experience of 20 years, 100 publications, editor of two books and has 23 chapters to her credit.

She is the Secretary General of the Indian Epilepsy Association. She holds various positions Research committee member of the World Stroke Organization; Asia Oceanic Association of Neurology representative of the European Academy of Neurology Scientific Panel on Epilepsy; Special Group Neuroepidemiology; World Federation of Neurology; Associate Editor, Neurology section, Annals of Medicine, President, Outreach subsection Indian Academy of Neurology, OneNeurology Ambassador, life time Network member of NCD Alliance.

She is a recipient of the ILAE Leadership Program Award, the World Stroke Award from the World Stroke Organization, the Mridha Spirit of Neurology Award, the A.B. Baker Teacher Award and the Palatucci Leadership Award from the American Academy of Neurology, the National Indian Medical Association Doctors day award 2023 among others. She has 8 fellowships from international and national organisations to her credit.

She founded the Dr Bindu Menon Foundation which has been instrumental in starting several novel projects for the first time in the country, "Neurology on Wheels", Tele awareness Programme, "Stroke help" app and an Epilepsy help app. She is the Founder of the start-up "Artificial Intelligence in Neurology" www.AtlNeu.org.

PROFESSOR JALESHPANICKER

Professor of Neurology and Uro-Neurology University College London, Clinical Lead in Uro-Neurology The National Hospital for Neurology and Neurosurgery, Queen Square, London



He has been involved in setting up multidisciplinary care pathways between Urology, Neurology and Gastroenterology that also involve Pelvic floor physiotherapy and Psychology. Despite the challenges of being a full-time clinician on the NHS, Dr Panicker has established a robust research programme with external funding exploring multimodal techniques to evaluate

the lower spinal cord and its role in the control of pelvic functions. He leads a multi-site collaborative project establishing novel non-invasive neurophysiology techniques for evaluating pelvic sensory and motor innervation, and his team has been phenotyping pelvic visceral and somatic dysfunction in patients presenting with unexplained urogenital symptoms. Dr Panicker has a specialist interest in the assessment and management of urinary symptoms in Parkinson's disease and has researched the role of melatonin in treating nocturia in Parkinson's disease.

He has published over 200 articles and book chapters and has been editor of two textbooks. He is involved in teaching and training fellows across Neurology, Urology, Gynaecology and Physical Medicine and Rehabilitation in the UK and abroad. He chairs the NEUROGED project, which aims to establish guidelines for the management of urinary and sexual symptoms in patients with neurological disease intended specifically for practising neurologists and sits on the board of the International Neurourology Society (INUS) as Education Officer, the management group of the Autonomics scientific panel of the European Academy of Neurology and Neurology Committee of the European Academy of Urology.

DR KAROLINA POPLAWSKA-DOMASZEWICZ

Consultant Neurologist and Movement Disorders Senior Researcher (Poland), Kings College, London



Dr Karolina Poplawska-Domaszewska (PhD, MD) graduated from the Karol Marcinkowski University of Medical Sciences in Poznań, Poland and is a clinical academic neurologist at the Department of Neurology of the University Clinical Hospital in Poznań. She is also visiting faculty and senior researcher at the world renowned Kings Parkinson's centre of Excellence in Kings College Hospital in London, UK (<https://parkinsons-london.co.uk/kings-parkinsons-coe-team/>) and visiting faculty at Kings College Hospital, Dubai. She obtained her PhD in 2017 and is developing her research portfolio addressing nonmotor aspects of Parkinson's disease (PD), modern treatment of Parkinson's disease with the use of infusion therapies and deep brain stimulation (DBS) in addition to pioneering the „stepped care" strategy for PD. She is involved in several international projects defining nonmotor subtypes of Parkinson and committee member of Movement Disorders Society Industry Engagement Group as well as the PD nonmotor study group. She is also an elected member of the MDS LEAP programme. She has lectured internationally in UAE, India, MDS expert meeting on advanced therapies in PD (Katowice, 2023) and due to deliver lectures in Australia, London and South Africa in 2024-2025 period as well as faculty at the 2024 Controversies in Neurology meeting in London. She is an active member of the Polish Neurological Society.

PROFESSOR IAN REID

Endocrinologist, University of Auckland



Ian Reid is an endocrinologist and Distinguished Professor at the University of Auckland. His research interests include calcium metabolism, vitamin D, osteoporosis, and Paget's disease.

He has worked extensively in the development of bisphosphonates for use in osteoporosis and Paget's disease, and on the safety and efficacy of calcium supplements, vitamin D deficiency, and supplementation, and has been involved in the development of most new osteoporosis treatments in the last 30 years.

He is a past president of the International Bone and Mineral Society (IBMS) and the Australian & New Zealand Bone & Mineral Society (ANZBMS), and recipient of research awards from the European Calcified Tissue Society, the American Society of Bone and Mineral Research, the ANZBMS and the New Zealand Prime Minister's Science Prize.

DR BARBARA ROSARIO

Senior Consultant Geriatrician and Clinical Professor NUS, Singapore



Dr Barbara is a Senior Consultant Geriatrician at Changi General, Singapore and Clinical Assistant Professor at Duke-NUS, Singapore. She is passionate about the care of older patients and her current projects include research studies to identify frailty in hospitalised older patients and application of the hospital frailty risk score (HFRS) as

a tool for frailty screening. Her other studies include development of the Simple Segmentation tool, in collaboration with researchers at Duke-NUS, Singapore and recently completed studies include a randomised control trial investigating vitamin D in prevention of recurrent BPPV and another study investigating the S-Patch device to identify arrhythmias in older falls patients. Her service development projects include provision of a geriatric emergency medicine service which includes pathways for management of front door frailty and provision of access to integrated community services. She is immediate past vice president of SGMS, Singapore. She attained a Masters of Philosophy investigating transcranial magnetic stimulation in stroke patients with dysphasia and is a former EAMA XIII student.

DR INDU SUBRAMANIAN

Clinical Professor UCLA, Director, Southwest Parkinson Disease Research, Education and clinical Care, California, USA



Dr. Indu Subramanian received her medical degree from the University of Toronto, Canada. She did her neurology residency and Movement Disorders fellowship training at UCLA. Dr. Subramanian has stayed on at UCLA and is now a Clinical Professor of Neurology. She is the Director of the South West PADRECC (Parkinson Disease Research, Education and Clinical Care) Center of Excellence in Parkinson Disease. She has developed a strong interest in integrative medicine with a special interest in Yoga and Mindfulness. She underwent a 200 hour yoga teacher training and studied mindfulness at the VA through Insight LA. Dr. Subramanian got board certified in Integrative medicine. She is also passionate about palliative care in Parkinson Disease. She did a contemplative fellowship for health care providers through the New York Zen Center and is an AAN Palattucci Fellow and completed the AAN Transforming Leaders Program. She is the co-chair of the Wellness Task Force at the Movement Disorders Society and the chair of the Movement Disorders Section at the AAN. Dr. Subramanian's main research interest is on the effects of loneliness on people living with PD.

PROFESSOR EK TAN

Senior Consultant Neurology, National Neuroscience Institute, Duke-Nus Medical School, Singapore



Professor Tan Eng King is the Deputy Chief Executive Officer (Academic Affairs), and Senior Consultant with the Department of Neurology, National Neuroscience Institute (NNI). He is also a Professor at the Duke-NUS Medical School and Lee Kong Chian School of Medicine.

An influential figure in the field of research, Dr Tan has authored more than 500 peer-reviewed papers and book chapters on clinical and neuroimaging studies, functional genomics, and experimental therapeutics in Movement Disorders.

He has served as an editor in Parkinsonism-related disorders, the European Journal of Neurology, and the Journal of Parkinson's Disease, among several others. He has received various national and international accolades including the David Marsden lectureship and Yoshi Mizuno lectureship awards.

Dr Tan has broad research interests including epidemiology, neuroimaging, clinical and functional genomics, and experimental therapeutics in Parkinson's disease, essential tremor, and other movement disorders.

PROFESSOR LOUIS TAN CHEW SENG

MBBS, MRCP (UK), FAMS (Neurology), FRCP (Edin), Senior Consultant, Department of Neurology, Research Director National Neuroscience Institute, Singapore



Prof Louis Tan is a Senior Consultant Neurologist and Research Director at the National Neuroscience Institute, Singapore. He is also the Co-Director of Parkinson's Disease and Movement Disorders Centre (TTS) and a Clinical Professor at Duke-NUS Graduate Medical School, Singapore.

He is the Chair of the Publications Oversight Committee of the International Parkinson and Movement Disorder Society and previously served as its Treasurer, Chair of the Education Committee, Chair of the Asian-Oceanian Section of the Society, and a member of the International Executive Committee.

Upon graduating from the National University of Singapore and completing his neurology training at Tan Tock Seng Hospital, he underwent a movement disorders fellowship at the Parkinson's Institute in Sunnyvale, California.

His areas of specialty and research interests are Parkinson's disease and movement disorders. He is also interested in the epidemiology, clinical studies, and clinical trials in Parkinson's disease and other movement disorders.

DR RAHUL UNNIKRISHNAN

MD(Geriatrics), DGO, FACP, Specialist Geriatrician, Rashid Hospital, Dubai, UAE



Dr. Rahul Unnikrishnan is a distinguished Geriatrician renowned for his expertise in patient care and contributions to medical research. Currently based at Rashid Hospital, affiliated with Mohammed bin Rashid Medical University in Dubai, United Arab Emirates, Dr. Unnikrishnan has established himself as a leader in the field of Geriatric medicine.

Having earned his Doctor of Medicine (MD) in Geriatric Medicine from Amrita Institute of Medical Sciences, India, Dr. Unnikrishnan further refined his skills with a Diploma in Geriatric Oncology from Università Cattolica del Sacro Cuore, Milan, Italy.

In addition to his clinical practice, Dr. Unnikrishnan has actively pursued academic endeavors. He held pivotal roles as a Clinical Assistant Professor and Head of Division (Geriatric Medicine) at Sreevalsam Institute of Medical Sciences, India, and as a Clinical Assistant Professor in Geriatric Medicine at Amrita Institute of Medical Sciences, India. Dr. Unnikrishnan is deeply committed to mentoring medical trainees and overseeing research projects focused on geriatric care.

Dr. Unnikrishnan's research interests span geriatric awareness, frailty, and pharmacological interventions for the elderly. He has presented his findings at numerous national and international conferences, enriching the discourse in geriatric medicine.

Recognized for his dedication to advancing geriatric care, Dr. Unnikrishnan has assumed leadership roles in professional committees, notably serving on the UAE National Committee for Fellowship Program in Geriatrics. His unwavering commitment to improving the quality of geriatric care underscores his significant contributions to the medical community.

PROFESSOR DANIEL WEINTRAUB

Professor of Psychiatry, Hospital of the University of Pennsylvania, USA



Dr. Weintraub is a Professor of Psychiatry and Neurology at the Perelman School of Medicine, and a Psychiatrist at the Parkinson's Disease Research, Education and Clinical Center (PADRECC) at the Philadelphia Veterans Affairs Medical Center. A board-certified geriatric psychiatrist, he conducts clinical research on the psychiatric and cognitive complications of Parkinson's disease.

He serves on multiple task forces and working groups of the International Parkinson and Movement Disorder Society (IPMDS), co-chairs the Cognitive-Behavioral Workgroup of the Fox Foundation-funded Parkinson's Progression Markers Initiative (PPMI study), co-chairs the Cognitive Subgroup of NINDS Common Data Elements, is an Advisor to the Critical Path for Parkinson's Consortium (CPP), and is Associate Editor of Movement Disorders Journal.

NATIONAL FACULTY

DR BLAIR ADAMCZEWSKI

Geriatrician, Department of Geriatric Medicine, Royal Hobart Hospital, Tasmania



Dr Blair Adamczewski is a clinician educator and Geriatrician based at the Royal Hobart Hospital (RHH) in Tasmania. He graduated from the University of Tasmania before undertaking Geriatrics training with Alfred Health before working as a Fellow in Geriatric Medicine at Monash Health, Melbourne.

He now works as the Director of Training in Geriatric Medicine at the Royal Hobart Hospital and clinical Senior Lecturer at the University of Tasmania.

PROFESSOR MEERA AGAR

Professor of Palliative Medicine, University of Technology Sydney, NSW



Professor Agar is the Director of the IMPACCT Research Centre, at the University of Technology Sydney. She is a clinical trialist with a specific interest in the supportive care needs of people with advanced illnesses who have impacts on the brain, including people with delirium, advanced dementia, and brain tumors.

She has published over 280 publications and received 48M in competitive research funding from various sources including NHMRC, Cancer Australia, and MRFF. She is on the Board of the European Delirium Association, the committee of the Australasian Delirium Association, and Scientific Advisory Board of NIDUS (NIA-funded Network for Investigation in Delirium).

A/PROFESSOR SARAH AITKEN

Researcher, Educator, and Vascular Surgeon, Concord Hospital, Head of Surgery, University of Sydney, NSW



Sarah Aitken is an Associate Professor at the University of Sydney; Head of the Specialty of Surgery in the Sydney Medical School; and a vascular surgeon at Concord Repatriation General Hospital, Sydney Local Health District. She has a broad range of research interests including health outcomes of patients with Peripheral Artery Disease, equity in surgical care, perioperative medicine, and medical education.

Qualifying with her medical degree (MBBS Hons) in 2006, she completed vascular surgical training (FRACS Vascular) in 2014 and was awarded her PhD in February 2021. She has extensive experience in research methodologies including analysis of routinely collected health data, prognostic factor research and synthesis, qualitative evaluation of patient and trainee experiences, health outcome measurement using patient surveys and risk tools, and disparities research.

She has successfully led large cohort studies and clinical trials (involving up to 19 study sites) and plays a lead role in numerous collaborative international projects, successfully obtaining >\$3 million in research funding over the past 5 years.

Sarah Aitken's current leadership roles include Chair of the Sydney Health Partners Clinical Academic Group in Perioperative Medicine and Surgery, Co-Chair of the Concord Institute of Academic Surgery, Founder and Consultant Lead for the Australian and New Zealand Vascular Trials network, and Deputy Chair of the Board of Vascular Training, providing a strong network for clinical and educational research support.

As a clinically active vascular surgeon and academic, A/Prof Aitken has combined clinical training and practice with a strong research focus and development. Her clinical role allows her to incorporate emerging evidence into new models of care.

DR PRAGYA AJITSARIA

Anaesthesia Staff Specialist, John Hunter Hospital, New Lambton Heights, NSW



Dr Pragya Ajitsaria is a Staff Specialist Anaesthetist, Conjoint Lecturer, and PhD student based in Newcastle, NSW. Her specific areas of interest include Shared Decision Making for high-risk surgical candidates, and multimodal preoperative prehabilitation models of care.

A/PROFESSOR JANE ALTY

Associate Professor in Neurology, University of Tasmania & Staff Specialist in Neurology and Stroke, Royal Hobart Hospital, TAS, Australia



Jane Alty is an Associate Professor of Neurology at the University of Tasmania and a Neurologist at the Royal Hobart Hospital. She is also Co-Director of the ISLAND Clinic, a 'one-stop' cognitive clinic that provides an interdisciplinary assessment and diagnosis for Tasmanian residents.

She is a lead investigator on the ISLAND Project, a 10-year public

health initiative to reduce dementia risk, comprising ~14,000 participants. Her research investigates Artificial Intelligence methods to detect the preclinical stages of Alzheimer's and Parkinson's disease, funded through the NHMRC.

She qualified from the University of Cambridge and completed general medicine and neurology training in the north of England. She undertook a movement disorders fellowship at Monash Medical Centre and was awarded an MD by the University of York for research evaluating computer technologies in neurodegenerative disorders.

Her research contributed to a new spin-out company, ClearSky Medical Diagnostics, that produces precision tools for clinical trials.

DR ANGELA BAKER

Senior Staff Specialist Anaesthetist, John Hunter Hospital, NSW



Angela Baker is a Senior Staff Specialist Anaesthetist. Her special interests include prehabilitation (preparing people for surgery) and medical communication. She is co-chair of the cardiopulmonary exercise testing/prehabilitation MDT for patients undergoing major surgery at the John Hunter Hospital.

She is a current member of the NSW ACI's Frailty Taskforce, as well as the

Shared Decision Making and Prehabilitation Working Groups.

PROFESSOR HENRY BRODATY

Scientia Professor of Ageing and Mental Health, Co-Director of the Centre for Healthy Brain Ageing, UNSW



Henry Brodaty AO, MB BS, MD, DSc, FRACP, FRANZCP, FAHMS, FASSA is a researcher, clinician, policy advisor and strong advocate for people with dementia and their carers. At UNSW Sydney, he is a Scientia Professor of Ageing and Mental Health and Co-Director of the Centre for Healthy Brain Ageing. He has published extensively and is a senior psychogeriatrician at Prince

of Wales Hospital, Sydney. He serves on multiple committees for the NSW and Australian governments and WHO.

He was previously President of the International Psychogeriatric Association, Chairman of Alzheimer's Disease International, and President of Alzheimer's Australia NSW and Australia. In 2000 he became an Officer of the Order of Australia and in 2016 received the Ryman Prize for the world's best development, advancement or achievement that enhances the quality of life for older people.

A/PROFESSOR GIDEON CAPLAN

Director of Post Acute Care Services and Geriatric Medicine at Prince of Wales Hospital, NSW



Gideon Caplan is Director of Post Acute Care Services and Geriatric Medicine at Prince of Wales Hospital and Conjoint Associate Professor at UNSW.

His research interests include new health services and the pathophysiology and treatment of delirium. He was the Founding President of the Australasian

Delirium Association for 12 years and launched the Delirium Clinical Care Standards.

He is a consultant to Commonwealth and State governments.

DR MARK DAVIES

Senior Staff Specialist Anaesthetist, John Hunter Hospital, NSW



Mark is a Senior Staff Specialist Anaesthetist at the John Hunter Hospital and with the Hunter Integrated Pain Service (HIPS). He is a long-term member of the Australia and New Zealand College of Anaesthetists Regional Anaesthesia Special Interest Group Faculty and has a particular interest in Regional Anaesthetic and Analgesic techniques. His work with

HIPS is primarily focused on interventional analgesic techniques, principally in cancer and End-of-Life pain.

PROFESSOR BRIAN DRAPER AM

Old Age Psychiatrist, Conjoint Professor, Discipline of Psychiatry and Mental Health, University of NSW



Professor Brian Draper AM is an old age psychiatrist and Conjoint Professor, Discipline of Psychiatry and Mental Health, University of NSW, Sydney. He is an Honorary Consultant Psychiatrist, at Older Persons' Mental Health Service, Prince of Wales Hospital, Randwick, and a member Medical and Scientific Advisory Panel, Alzheimer's Disease International.

He is a past Board Member of the International Psychogeriatric Association and General Councillor, of RANZCP. He has published over 300 peer-reviewed articles and chapters on old age mental health topics including mental health services, dementia, suicide, depression, professional development, and carer stress.

He authored the books "Dealing with Dementia" (2004), "Understanding Alzheimer's and Other Dementias" (2011, 2013), and 'Dementia and Old Age Mental Health: A History of Service Delivery in Australia' (2022). He received the RANZCP College Medal of Honour in 2019.

DR STEPHEN DUMA

Neurologist, St George Hospital, Sydney NSW and MDSANZ NSW Councillor



Dr Stephen Duma is a neurologist with a subspecialty interest in Parkinson's disease and other movement disorders. He is trained in the use of device-assisted therapies for Parkinson's disease, and injectable therapies for various neurological disorders.

He works in private practice in Camperdown, Westmead, Bondi Junction and Tamworth, and is a

Staff Specialist and Head of the Movement Disorders Service at St George Hospital.

DR JEREMY FERNANDO

Director of Intensive Care and Clinical Lead of Perioperative Care Service, Anaesthetist and Intensive Care Specialist, St Vincent's Hospital, Toowoomba, University of Queensland



Jeremy is an anaesthetist and Intensive Care Specialist living in Toowoomba, Queensland. He is the Director of the St Vincent's Private Hospital Toowoomba Intensive Care Unit and is the Perioperative Care Service Clinical Lead.

He is the immediate past chair of the Australia and New Zealand Perioperative Medicine Special

Interest Group and was the founding chair of the Perioperative Models of Care Working Group which developed the Perioperative Framework commissioned by ANZCA.

His current interests include high-risk perioperative assessment and collaborative health care delivery. He was the founding contributor to the Critical Care Compendium - an online, open-access critical care encyclopedia at www.lifeinthefastlane.com.

He is also a lecturer for the Rural Clinical School, University of Queensland.

DR AISLING FLEURY

Director of Perioperative Medicine, Logan Hospital and Chair of the QLD Dementia Ageing and Frailty Clinical Network



Dr Aisling has a keen interest in service development and the role of geriatricians in perioperative medicine. Outside of work, she is an open-water swimmer, reader of fiction and rock climber.

PROFESSOR VICTOR FUNG

MDS President and Director, Movement Disorders Unit, Department of Neurology, Westmead Hospital Sydney, NSW



Dr Victor Fung is a Professor of Neurology and Motor Control, at Sydney Medical School, The University of Sydney, and Director of the Movement Disorders Unit, Department of Neurology, Westmead Hospital in Sydney, Australia.

He is President of the International Parkinson and Movement Disorder Society (MDS), Chair of the Asia Pacific Affairs Committee of the

Australian and New Zealand Association of Neurologists, and a past president of the Movement Disorder Society of Australia and New Zealand (MDSANZ).

He was the founding Chairperson of the MDSANZ Clinical Research and Trials Group. He is or has been a member of the Parkinson's Australia, Parkinson's NSW, and Dystonia Network Australia Scientific Advisory Boards.

He serves on the Editorial Board of *npj Parkinson's Disease*, the *Journal of Clinical Movement Disorders*, previously *Movement Disorders* (2007-2010 & 2015-2021) and *Movement Disorders Clinical Practice* (2013-2021), and is a member of Faculty Opinions.

PROFESSOR GLENDA HALLIDAY AC

AC PhD FAA FAHMS, University of Sydney Brain and Mind Centre & Faculty of Medicine and Health, NSW



Professor Glenda Halliday is a career neuroscientist specialising in neurodegeneration. She has been a Fellow of the National Health & Medical Research Council (NHMRC) since 1990, appointed Professor of Medicine (2003) then of Neuroscience (2008), then NHMRC Senior Principal Research Fellow (2010) at the University of NSW, and is now a NHMRC leadership fellow at The University of Sydney until 2025.

Prof. Halliday started her research in neuroscience by studying the neurochemical dopamine and its systems in a variety of animal species, including humans. It has been her focus on understanding the brain and its workings in people that has distinguished her neuroscience career.

Her research has played a major role in shaping the international standards for neuropathological diagnosis of neurodegenerative diseases, particularly Lewy body diseases and frontotemporal dementias. Her research has also served as an evidence base for changes in the clinical diagnosis of these patients.

Her contributions have been recognised by membership to the Australian Academy of Science the Australian Academy of Health and Medical Sciences and an Order of Australia, as well as through the many awards;

2022 NSW Scientist of the Year, 2021

Robert A. Pritzker Prize for Leadership in Parkinson's Research by the Michael J Fox Foundation,

2020 and 2014 NHMRC Elizabeth Blackburn Awards,

2016 Cozzarelli Prize for outstanding 2015 paper, National Academy of Sciences, USA;

2011 Nina Kondelos Prize for Outstanding Neuroscience, Australian Neuroscience Society

DR RUTH E. HUBBARD

Consultant Geriatrician, Princess Alexandra Hospital, Brisbane, Masonic Chair in Geriatric Medicine at the University of Queensland



Dr Ruth E. Hubbard is currently supervising 6 clinicians undertaking PhDs as well as numerous student projects.

In the last 5 years, she has generated \$19.9M in grant income: including as CIA on the recent MRFF Dementia Ageing and Aged Care Mission (\$5M), a Centre for Research Excellence in Frailty (\$2.5M), an Ideas Grant (\$1.6M) and the NHMRC Targeted Call for Frailty Research (\$1.5M).

PROFESSOR CHARLES INDERJEETH

Clinical Professor, University of Western Australia, Clinical Dean, Curtin University, Consultant Physician, Geriatrician & Rheumatologist, NHMRC-NICS DVA Fellow, Clinical Epidemiologist, Director of Clinical Training, Research and programs, Osborne Park Hospital Program, Linear Clinical Research



Clinical Professor Charles Inderjeeth is a Clinical Epidemiologist and Consultant Physician in Rheumatology and Geriatric Medicine in Western Australia. He is a Clinical Professor at the School of Medicine & Pharmacology, University of Western Australia, and Clinical Dean, at Curtin University. He is an actively practicing clinical academic with strong education links to General, Specialist, and Hospital Practice.

He has numerous advisory/executive roles to the Department of Health (WA), the Arthritis and Osteoporosis Foundation of WA, Osteoporosis Australia, the Australian Rheumatology Association, Australian and New Zealand Society of Bone Mineral Research and the Australia and New Zealand Society for Geriatric Medicine. He has been involved in education and research in the fields of rheumatology, osteoporosis, vitamin D, dementia, and geriatric syndromes. He is a recipient of an NHMRC – NICS – DVA Fellowship 2007-2009.

He has been involved in basic science and Clinical research including Phase 1, Phase 2, Phase 3, and Phase 4 research through Linear Research, at the University of Western Australia, North Metropolitan Health Service, and Western GerontoRheumatology. His main research interests are the clinical aspects and treatment of degenerative bone conditions including dementia, Frailty syndromes, osteoarthritis, and osteoporosis.

He has published over 173 publications in international peer-reviewed journals, presented over 170 abstracts, and edited and published 2 books (3 chapters). He has 25024 citations and 1853 reads as of 26 June 2023. He has collaborated extensively in bone and frailty research nationally: University of Western Australia (3 active projects), Edith Cowan University (1 active project), Peron Institute (1 project), Guardian of the WARDER Linked Dataset (multiple Masters and PhD Projects), Arthritis and OP WA (2 projects) and internationally -Affiliated Hospital of Sun Yat-sen University and multiple International Drug Trials.

He has received over \$4,500,000 in collaborative research grants in the last 5 years. He has been involved in over 46 projects with successful competitive grants up to \$3,500,000.

DR RAJNI LAL

Geriatic and General Medicine Physician, Ryde Hospital, NSW



Dr Rajni Lal is a Geriatrician and serves as the Perioperative Care Medical Lead at Blacktown Hospital. Her approach to patient care is recognised for its emphasis on shared decision-making and individualised treatment.

Holding a Master's in Public Health and a Fellowship with the Royal Australasian College of Physicians (FRACP), Rajni further specialised with a Clinical Fellowship in Perioperative Care of Older People at Guy's and St Thomas Hospital, UK.

Rajni is committed to compassionate, patient-focused care. She actively participates in committees for the Australian and New Zealand Society for Geriatric Medicine (ANZSGM) and contributes to the Agency for Clinical Innovation, reflecting her dedication to advancing geriatric perioperative care

PROFESSOR SIMON LEWIS

Professor of Cognitive Neurology, Macquarie University, NSW



Simon Lewis is a Consultant Neurologist, NHMRC Leadership Fellow, and Professor of Cognitive Neuroscience at the University of Sydney.

He has published over 300 peer review papers, 2 books, and 8 book chapters and has attracted funding from various sources including the NHMRC, ARC, and Michael J Fox Foundation to support his research interests targeting quality of life in neurodegenerative diseases.

He was on the International Parkinson's and Movement Disorders Task Force for validating the revised diagnostic criteria for PD and is on their working groups developing new rating scales for psychosis, evaluating postural instability and gait disturbance, and redefining PD dementia.

He is also a member of the International Dementia with Lewy Bodies Consortium and the International Rapid Eye Movement Sleep Behavior Disorder Study Group MDS working groups, as well as the inaugural Chair of the International Consortium for Freezing of Gait.

He is an Associate Editor for the Journal of Parkinson's Disease and sits on the editorial boards of the Journal of Neurology, Movement Disorders, Parkinsonism and Related Disorders, and Translational Neurodegeneration.

A/PROFESSOR STEVE MACFARLANE

Consultant Psychiatrist, Head of Clinical Services, The Dementia Centre, HammondCare, VIC



Steve became a psychiatrist in 2003, and moved to Alfred Health in 2008 as Associate Professor and Director of Aged Psychiatry, before becoming Head of Clinical Services for Dementia Support Australia in 2016.

Steve is a past Chair of the Faculty of Psychiatry of Old Age for the RANZCP and has been running Alzheimer's disease clinical trials for over 20 years. He has clinical interests in frontal lobe disorders and senile squalor.

His work with DSA has him overseeing a group of geriatricians and old-age psychiatrists around the country. He has been intimately involved in developing the new Commonwealth Special Dementia Care Program and with the Aged Care Royal Commission, testifying before the Royal Commission in May 2019 and July 2020.

DR JENNY MACKNEY

Clinical Specialist Physiotherapist & Respiratory Scientist, John Hunter Hospital, NSW



Jenny Mackney (PhD) is a Clinical Specialist Physiotherapist (Perioperative Medicine) and a Respiratory Scientist (Cardiopulmonary Exercise Testing) at John Hunter Hospital (JHH), and an Honorary Lecturer at The University of Newcastle.

Jenny is part of the core clinical team that has developed the JHH CPET service for patients planned for major, high-risk surgery and is the lead for prehabilitation services in HNELHD. Her passion lies in driving innovation, and increasing engagement in clinical and translational research programs with a focus on equity of service delivery and outcomes.

DR ELIE MATAR

Neurologist and Sleep Medicine Fellow, Woolcock Institute of Medical Research, Royal Prince Alfred Hospital. Emerging Leadership Fellow, NHMRC



Elie Matar is an Australian-trained neurologist, sleep physician and NHMRC-funded clinician-scientist at the University of Sydney with a unique combination of subspecialty expertise and interest across movement disorders, cognitive neurology, and sleep medicine. He has undertaken competitive clinical and research fellowships

at internationally recognized institutions including Cambridge University, the Mayo Clinic, and Queen Square Institute of Neurology, London.

As an NHMRC emerging leadership fellow, he undertakes a program of research using a wide range of techniques including clinical phenotyping, neuroimaging, and sleep measures to understand disease mechanisms and biomarkers of neurodegeneration with a specific focus on Lewy body disorders. He has authored textbook chapters and peer-reviewed publications in high-impact international journals with over 1600 citations.

He has given invited talks at the local and international level and received several prestigious awards including the International Movement Disorders Society Junior Research Award. He has attracted > \$1M funding from various sources including the NHMRC and US Department of Defence and co-leads a team of postdoctoral researchers and PhD students.

PROFESSOR ALISON MUDGE

Clinical Director Research and Education, Internal Medicine and Aged Care, Royal Brisbane and Women's Hospital, QLD



Alison is a general physician, health services researcher, and educator based at Royal Brisbane and Women's Hospital, and Professor at the University of Queensland. She leads the Eat Walk Engage program, a ward-based delirium prevention program which has been successfully implemented in 19 Queensland hospitals. She serves on

the steering committee of the Queensland Dementia, Ageing and Frailty Network. Alison leads a multidisciplinary research team embedded in the healthcare system and has published more than 100 peer reviewed papers and several book chapters.

DR JEM NINAN

Consultant Rheumatologist and General Physician, Lyell McEwin & Modbury Hospitals, North Adelaide, SA



Jem is a consultant rheumatologist from Adelaide with a special interest in Giant Cell Arteritis (GCA). His research areas include the epidemiology of GCA, investigating disease mechanisms, and the development of diagnostic pathways for patients with suspected GCA. He hopes to improve the diagnostic certainty in patients with GCA by combining imaging with biomarkers, thereby minimising overexposure to glucocorticoids.

Affiliations:

University of Adelaide
Basel Hetzel Institute
Modbury and Lyell McEwin Hospitals
Australian Society for Ultrasound in Medicine

DR ANITA NITCHINGHAM

Geriatrician, University of New South Wales, NSW



Anita Nitchingham is a Geriatrician at the Prince of Wales Hospital and a Conjoint Lecturer and PhD candidate at the University of New South Wales.

She serves as a Board Member of the Australasian Delirium Association and is a member of the ANZSGM Scientific and Research Committee. Anita's research interest is delirium, with a particular focus on clinical trials.

DR THOMAS POULTON

Anaesthetist, Peter MacCallum Cancer Centre, Melbourne VIC

Tom is a specialist anaesthetist working at the Peter MacCallum Cancer Centre, Melbourne. His interests include the perioperative care of high risk surgical patients, especially those undergoing major intra-abdominal surgery; digital health; and using data to drive improvements in patient care and outcomes. He is a member of the Sprint National Anaesthesia Project (SNAP 3) study team investigating delirium, frailty, and multimorbidity in the older surgical population.

PROFESSOR CHRISTOPHER ROWE

MD FRACP FAANMS

Director, Australian Dementia Network, University of Melbourne.

Director, Molecular Imaging Research, Austin Health.

Senior researcher, Florey Institute of Neuroscience and Mental Health. Highly Cited Researcher 2023 (Top 1% in Neuroscience)



Professor Christopher Rowe is a nuclear medicine physician and neurologist, Director of the Australian Dementia Network, Director of Molecular Imaging Research at Austin Health, and a Professor at the University of Melbourne. His research focus is molecular imaging and blood biomarkers of neurodegenerative diseases, particularly AD, for better understanding, earlier more accurate detection, and to facilitate the development of early therapeutic interventions.

He is in the 2023 Highly Cited Researcher list of the top 1% worldwide for neuroscience and has received the 2011 US Society of Nuclear Medicine Kuhl-Lassen Award for Outstanding Contribution to Brain Imaging and the 2016 Christopher Clark Award for advancing human amyloid imaging.

PROFESSOR ROBERT SANDERS

Nuffield Chair of Anaesthetics, Sydney Medical School/Central Clinical School, University of Sydney NSW



Prof Robert D. Sanders is the Nuffield Chair of Anaesthetics at the University of Sydney and Royal Prince Alfred Hospital and Executive Board member of the Institute of Academic Surgery, Royal Prince Alfred Hospital. He trained in anaesthetics in the UK before spending five years at the University of Wisconsin, USA prior to his appointment in Sydney. Prof Sanders' interests are in mechanisms of consciousness, cognition and postoperative delirium.

Sanders' interests are in mechanisms of consciousness, cognition and postoperative delirium.

PROFESSOR EDDY STRIVENS AM

Geriatrician and Clinical Director, Cairns and Hinterland Hospital

and Health Service, QLD

Immediate Past President of the ANZSGM



Eddy Strivens is a Geriatrician and Clinical Director for Older Persons, Subacute and Rehabilitation in Cairns, Far North Queensland, a Professor with James Cook University School of Medicine and a former President of the Australia and New Zealand Society for Geriatric Medicine.

Clinically, Eddy is based in Cairns, where he came for a 12-month job in 1996 and is still there 27 years later. His medical interests include integrated community and sub-acute care, dementia in acute care and regional outpatient memory clinics, including outreach to Aboriginal and Torres Strait Islander Communities in the Torres Strait and Cape York.

His clinical research interests include Successful Ageing and Dementia in Aboriginal and Torres Strait Islander Communities and Models of Integrative Service Delivery, including Tele geriatrics and Transitions in Sub-Acute Care and Community Care. He leads the Healthy Ageing Research Team at James Cook University, with 8 years of continuous NHMRC grants over \$6million in competitive grants funding and over 40 peer-reviewed publications.

Eddy was made a Member of the Order of Australia (AM) in the 2023 Australia Day Honours for significant service to geriatric medicine and to professional organisations. Previously in 2015, Eddy was awarded the Public Service Medal (PSM) in the Queen's Birthday Honours for services to Queensland Health in the area of Aged Care and the biennial Louis Ariotti Award for Excellence and Innovation in the field of Rural and Remote Health. In 2019, Eddy was appointed to Pre-Eminent Status within Queensland Health.

Outside of medicine, Eddy is married to Mary Anne, with 3 children and is a keen photographer/videographer, hiker, scuba diver and travel enthusiast.

A/PROFESSOR JOEL SYMONS

Specialist Anaesthetist, The Alfred Hospital and Department of Critical Care, University of Melbourne

Chair of Perioperative Medicine Content and Assessment Working Group, ANZCA



A/Prof Joel Symons is a Specialist anesthetist and Chair of the Perioperative Medicine Content and Assessment Working Group at the Australian and New Zealand College of Anaesthetists (ANZCA). He is a co-founder of the Monash Short Course and Master of Perioperative Medicine and has co-edited the book "Perioperative Medicine for the Junior Clinician" (Wiley).

He is a member of the Executive of the Perioperative Medicine Special Interest Group and on the ANZCA Perioperative Medicine Steering Committee, Perioperative Medicine Advisory Group, and Recognition Pathway Working Group. He is an Associate Professor in the Department of Critical Care at the University of Melbourne and is well-recognised locally and internationally in the field of Perioperative Medicine Education.

PROFESSOR ANDREW TEODORCZUK

Consultant Old Age Psychiatrist, Prince Charles Hospital, Brisbane, QLD



Andrew Teodorczuk practices as a Consultant Old Age Psychiatrist and is the Director of Clinical Training at The Prince Charles Hospital, Brisbane, Queensland, Australia. He is also an Adjunct Professor at UQ, QUT and Griffith University. Since 2023 he has been the President of the Australasian Delirium Association.

His research expertise is in educational approaches to best delirium practice. He has a keen interest in interprofessional education, work-based learning, and wellbeing and seeks to translate understandings from the education field to drive innovative pedagogical approaches in clinical workplaces.

Andrew Teodorczuk has a well-established track record with over 100 peer-reviewed publications. He has received numerous awards in recognition of his teaching and research including the Principal Fellowship of the Higher Education Academy (PFHEA).

DR JANANI THILLAINADESAN

Staff Specialist Geriatrician Concord and Canterbury Hospitals and Centre for Education and Research of Ageing, NSW



Dr Janani Thillainadesan is a Staff Specialist Geriatrician at Concord Hospital, early career

researcher at the Centre for Education and Research on Ageing (CERA) and Conjoint Senior Lecturer at the University of Sydney. She is a NHMRC Investigator Fellow (EL1), commencing 2024. Her research focuses on improving the care of

and optimising outcomes for older people in hospital through implementing innovative models of care and education.

PROFESSOR SCOTT WHYTE

Neurologist and Geriatrician, Central Coast Neurosciences, NSW

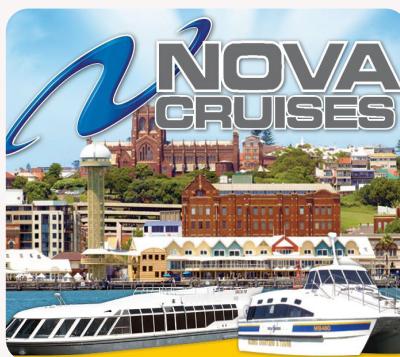


Dr Whyte is a neurologist on the Central Coast, and previous Head of Department of Neurology, Head of Division of Medicine and Board member of Area Health Care Advisory Committee.

He has a special interest in neurodegenerative disorders including movement and cognitive disorders.

Botox therapy for neurological disorders including: migraine, dystonia and hemifacial spasm.

SOCIAL EVENTS



TUESDAY, 22 OCTOBER 2024 WELCOME RECEPTION

Date: Tuesday 22 October
Time: TBC
Venue: Newcastle Exhibition & Convention Centre (NEX)
Cost: FREE

WEDNESDAY, 23 OCTOBER 2024 DINNER CRUISE

Date: Wednesday 23 October
Time: TBC
Venue: Dinner Cruise with Nova Cruises
Cost: TBC

THURSDAY, 24 OCTOBER 2024 HUNTER VALLEY VINEYARDS

Date: Thursday 24 October
Time: TBC
Venue: Hunter Valley Vineyard Tour
Cost: TBC

FOR MORE INFORMATION

<https://hunterpostgrad.wixsite.com/geriatrics2024>



Email HPMI Conference Organisers
Shelley.Mills@newcastle.edu.au

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