



Ageism Awareness Day: Weds 9th October

HMRI Healthy Minds invites you to join University of Newcastle Staff and Students, together with the local community, for an Intergenerational Viewing Experience, as we meet to view and discuss the **EveryAGE Counts Ageism Awareness Webinar** – there's an outstanding list of speakers:

- Author, novelist and social commentator [Jane Caro](#),
- Age discrimination Commissioner [Robert Fitzgerald](#), and
- Journalist and author [Ashton Applewhite](#).

When: Wednesday 9th October; 10:00 am – 12 noon

Where: HMRI Caves Theatre, Lot 1 Kookaburra Cct, New Lambton Heights NSW 2305

Information on transport to HMRI

- **HMRI Reception and Caves Theatre is located on Level 4 of the HRMI building**

The Skybridge walkway from Kookaburra Circuit accesses the reception area directly. Otherwise, there is also a public entry with lift access on the ground floor beside the HMRI staff car park.

- **Arriving by car**

Enter through the main entrance to the John Hunter Hospital from Lookout Rd. HMRI is located on a one-way circuit behind the main hospital building. There are no public visitor car parks directly next to HMRI. Guests of HMRI can request a bookable car space within the staff car park prior to arrival. The nearest public car parks are Visitor Car Parks #2 and #6 at the John Hunter Hospital. Please contact us on 4042 0000 if you require assistance.

- **John Hunter shuttle bus from Broadmeadow**

- Between 6.00am and 6.00pm, a 22-seater bus provides a regular service between the John Hunter hospital and McDonald Jones Stadium where parking is available. A second 14-seater bus also runs during morning and afternoon peak times. QR codes allow passengers to track the bus in real-time and be alerted to any disruptions
- For more information see:
https://www.hnehealth.nsw.gov.au/facilities/hospitals/john-hunter-hospital/getting_here